




THE SPA
Camelback Inn



The Spa at Camelback Inn invites you to simply relax and enjoy the moments of balance and tranquility offered in our quiet haven. Take time to discover the magic of the Sonoran Desert while connecting with your inner self. Enjoy the simple pleasures of complete rejuvenation and relaxation.



WELCOME TO THE SPA AT CAMELBACK INN

SPA HOURS

6:15 a.m. – 7:30 p.m. Daily

DAILY SPA GUEST MEMBERSHIP

- The daily fee for a Camelback Inn Resort guest is \$35.
- For Camelback Inn guests receiving any 30 minute Spa or Salon service, the daily guest membership fee is waived.
- Non-Camelback Inn guests may access the spa with the purchase of a one-hour spa service, excluding the Salon and Cabanas.

Daily guest membership includes unlimited use of whirlpools, cold plunge (Men's Spa), Turkish steam bath, solariums, Finnish saunas, Swiss shower (Men's Spa), relaxation lounges, private lockers, Spa wardrobe (bathrobes and slippers), heated outdoor lap pool, spa amenities, all exercise classes and fitness room.

AGE REQUIREMENT

The Spa is an adult-oriented atmosphere for ladies and gentlemen over 16 years of age.

CELL PHONES AND TOBACCO

To preserve our tranquil setting, cell phones and tobacco are prohibited.

SPA RESERVATIONS/CANCELLATIONS

General Information/Scheduling:
(480) 596-7040 • 1(800) 922-2635

RESERVATION HOURS:

Monday – Saturday 9 a.m. – 5 p.m.

Seasonal Hours may vary.

Reservations are subject to availability. We recommend that you schedule your Spa treatments at least five to six weeks in advance so that we can meet your scheduling requests. A credit card is required to guarantee services at the time of booking. A 24-hour cancellation notice is required to avoid full-price charge for services booked.

GIFT CERTIFICATES

You may purchase gift certificates from the Spa front desk or online at: www.camelbackspa.com

HOW TO SPA

WHAT TO EXPECT

When you arrive at the Spa, you'll find that the gym, fitness classes, pool and Sprouts restaurant are co-ed, while the treatment rooms, baths, saunas and locker rooms are not. We will provide you with a locker for your belongings and give you a tour of the facility. To preserve our tranquil setting, cell phones and tobacco are prohibited. During your treatment, give yourself up to the experience. Don't feel obligated to make conversation with your therapist. However, do communicate any discomfort, special needs or questions.

HOW EARLY SHOULD I ARRIVE?

To enjoy the full value of your Spa experience, we suggest you arrive a minimum of 30 minutes prior to your first appointment to allow us time to familiarize you with our facility. To begin your relaxation, we also recommend use of our showers, steam rooms and saunas before your services. Please avoid arriving late – your treatment will end on time so that our next guest isn't delayed, regardless of how late you start.

WHAT SHOULD I WEAR?

We will provide you with a robe and slippers, which you can wear throughout the entire Spa. You will need to bring your own bathing suit and athletic shoes for the use of our facilities. Please don't wear your jewelry or watch.

SPROUTS

Sprouts is a nationally acclaimed spa restaurant that has been featured on the Food Network. Serving a variety of globally inspired dishes with an emphasis on natural, fresh and seasonal ingredients. Relax your body, mind and spirit with one of our handcrafted organic cocktails while overlooking our tranquil spa pool. Open for breakfast and lunch. Hours of operations vary seasonally.

SPA PACKAGES

A Spa package from the Camelback Inn is the perfect gift of luxury and pampering for your spouse, a friend, a loved one or even yourself!

CAMELBACK DAY PACKAGE

Enjoy a one-hour Swedish massage, a one-hour facial and your choice of two of the following: manicure, pedicure, or shampoo and style. *3 1/2 hours — \$360*

CAMELBACK ESSENTIAL PACKAGE

A one-hour Swedish massage and a one-hour facial. *2 hours — \$270*

CAMELBACK SPA SOOTHER PACKAGE

A one-hour Swedish massage and a Desert Rain Loofah treatment. *1 1/2 hours — \$190*

THE GENTLEMAN'S DELUXE PACKAGE

A Desert Rain Loofah, an Adobe Clay Purification Wrap and one-hour Swedish massage. *2 1/2 hours — \$340*

PRIVATE CABANAS

For guests seeking a relaxing retreat from the desert sun, our private cabanas are available for daily rental from 7 a.m. to 7 p.m. Our cabanas are equipped with a ceiling fan, refrigerator, comfy chairs, ottomans and chaise lounges. Complimentary amenities include: bottled water, fresh fruit and iced aromatherapy towels. For reservations please call 480-596-7040.

DELUXE CABANA PACKAGE

Mon - Thurs \$225

Fri - Sun \$250

Maximum 4 people per cabana.

REGULAR CABANA PACKAGE

Mon - Thurs \$125

Fri - Sun \$150

Maximum 2 people per cabana.

**For Marriott Resort guests, pricing includes the daily Spa membership fee for those guests using the cabana. For non-Marriott Resort guests, pricing is in addition to the cost of a one-hour spa treatment for each guest in the cabana.*

FACIALS

CAMELBACK SIGNATURE FACIAL

A refreshing blend of grapefruit, mandarin, orange, cranberry and pomegranate make this the ultimate aromatherapy experience. Exfoliation is delivered by way of botanical enzymes that gently digest dead skin cells and impurities as it moisturizes and tightens. Active antioxidants soothe and protect the skin against environmental toxins. Relaxation is further enhanced by a gentle hot stone hand and foot massage. *60 min. — \$155*

TRANSFORMATION GLYCOLIC PEEL

Highly recommended by dermatologists for its remarkable skin renewal benefits, a glycolic peel is ideal for the treatment of fine wrinkles, areas of dryness, uneven pigmentation, control of acne and to improve the texture of sun-damaged skin. Combat the signs of aging and see immediate results with this deep, intensive skin treatment focusing on the resurfacing and renewing of the epidermis of the face, neck, chest, forearms and hands. Your facial will also be enhanced with a Rejuvenating Eye Treatment—designed to refresh, smooth, hydrate and de-puff eye area along with a Vitamin C Renewal Treatment for your lips. A series of treatments will provide best results. *60 min. — \$175*

Series of 6 \$900

48 hrs BEFORE and AFTER a Glycolic Peel you should not use any glycolic products, apply any Retin A or other topical acne treatments, shave or wax areas to be peeled. Clients taking Accutane, or who have taken Accutane within the last 6 months should not receive any exfoliating treatments. As with any exfoliation or resurfacing, it is important to use sunscreens, because the skin is more susceptible to injury by the sun.

DR. PERRICONE ANTI-AGING FACIAL

The patented Alpha Lipoic acid formulations used in this facial are clinically proven to improve skin tone and minimize the signs of aging. After the skin is hydrated, cool beauty globes are used to tone and firm the skin. Relaxation is enhanced by a gentle hand and foot massage. *60 min. — \$165*

FACIALS

SAVING FACE HYDRATING FACIAL

This facial provides a multi-level, customized approach to a healthier complexion. An enzyme masque exfoliates, relieves congestion and clarifies. Skin is infused with antioxidants and other essential nutrients then layered with a soothing alginate masque to dramatically increase moisture. This facial is enhanced with a luxurious head, neck and shoulder massage as well as a moisturizing hand treatment. *60 min. — \$155*

SONORAN ROSE

The rich, aromatic essence of rose relaxes, soothes and softens the skin. An application of glycolic acid removes surface build-up of dry skin on the face to allow deep pore cleansing. Hands and feet are massaged with rose infused oil, leaving you feeling fresh and radiant. The internationally patented skin care line contains stabilized oxygen in creams enriched with Vitamins A and E which are excellent free radical scavengers. *60 min. — \$155*

DEFENSE ZONE FACIAL FOR MEN

Designed for a gentleman's specific skin care needs. A deep cleansing is followed by an exfoliating scrub, steam and extractions. Tension is relieved with a relaxing hand and foot massage. The treatment concludes with a cool, soothing cucumber mask to balance, hydrate and prepare your skin for an effortless shave. *60 min. — \$145*

BODY TREATMENTS

CAMELBACK SIGNATURE BODY WRAP

Experience a head-to-toe Vitamin C treatment for the skin. The body is polished and hydrated with the Spa's signature scrub. A citrus conditioner is massaged into the hair and scalp. The body is moisturized with a fresh aromatic oil. A plumping lip treatment and moisturizing sunscreen complete this treatment. *60 min. — \$175*

DESERT RAIN LOOFAH

This deep cleansing treatment exfoliates and softens the skin, while improving circulation. The body is rubbed with sea salt and almond oil and a loofah mitt and body gel with desert botanicals cleans and smoothes the skin. This is followed by a gentle vichy shower and a moisturizer with a blend of prickly pear nectar, aloe vera gel and desert essential oils. This service will leave your skin glowing. *30 min. — \$85*

**Do not shave or wax 24-hours before treatment, or choose this service if allergic to iodine or shellfish.*

PARA-JOBA BODY MOISTURIZER

Perfect for skin exposed to the desert sun or extreme weather conditions, this treatment incorporates a natural bristle body brush to exfoliate the skin and stimulate circulation. The skin is then cooled with a lavender spritz. Pure jojoba oil is applied, and the body is wrapped in warm paraffin sheets. This provides soothing relief for lower back pain or sore muscles. The paraffin is removed and shea butter cream is applied leaving skin smooth and glowing! *60 min. — \$165*

**Not recommended during pregnancy*

BODY TREATMENTS

DESERT NECTAR HONEY WRAP

The skin is drenched with pure Arizona honey, buttermilk and oats. A fragrant conditioner is massaged into the hair, and the body is rinsed and treated with a rich hydrating cream. The face is gently cleansed with a state of the art Clarisonic facial brush. Natural orange blossom water, sweet lavender oil and a light cucumber mask leave the face baby soft. *60 min. — \$155*

BINDI HERBAL BODY TREATMENT

Using a blend of herbs and oils from India, this Ayurvedic treatment brings the body into balance by providing nourishment to the skin, relaxation and peace to the mind and soul. The body is gently exfoliated, and warm oil is applied. Together these techniques improve circulation, releasing energy blockages and transporting you to a new level of relaxation. *60 min. — \$155*

**Not recommended during pregnancy*

ADOBE CLAY PURIFICATION WRAP

This Native American healing treatment exfoliates, nourishes and detoxifies. An aromatic conditioner is massaged into the hair, and adobe clay is applied to the body to relax muscles and draw out impurities. Southwestern inspired soap and a cactus fiber cloth are used during a shower to remove the clay, followed by an application of warmed juniper and sage oils. Relaxation in the sauna completes this purifying ritual. *60 min. — \$165*

**Not recommended during pregnancy*

**Do not choose this service if allergic to iodine or shellfish*

MASSAGES

CAMELBACK SIGNATURE MASSAGE TREATMENT

This treatment combines aromatherapy, hot and cold stone massage, reflexology, and the detoxifying benefits of castor oil. Warm juniper sage oil is massaged into the neck and shoulders while semi-precious stones are placed on the Chakras for a restorative effect. Gentle pressure is applied to the reflex points on the feet to dissolve stress. A scalp massage follows and cold Aquamarine stones massage facial contours for lymphatic drainage. *60 min. — \$150*

**This treatment is done entirely face up. Not recommended during pregnancy or if sunburned.*

SWEDISH MASSAGE

Muscles are gently massaged with oils to improve circulation and flexibility, ease muscle aches and tension, and create relaxation. *60 min. — \$125*

**Maternity massage available upon request. 60 min. — \$125*

THERAPEUTIC MASSAGE

A deep tissue massage for detailed work on specific muscle groups. *60 min. — \$135*

AROMATHERAPY MASSAGE

Pure essential oils are added to this Swedish massage to provide a calming, energizing or cleansing effect. *60 min. — \$130*

MASSAGES

THAI MASSAGE

An interactive massage that combines yoga with rhythmic compressions to regenerate circulation and energy. This massage increases flexibility, as muscles are gently pulled, kneaded and stretched. This will leave you relaxed and spirited. *60 min. — \$145*

**Wear comfortable clothing. Some flexibility is required. Due to the strenuous nature of this service, you will be assigned a therapist of the same gender.*

SHIATSU

Acupressure applies pressure to specific points of the body to unblock "meridians", relieve fatigue and stimulate the body's natural self-curative abilities. *60 min. — \$140*

NATIVE HOT STONE MASSAGE

This spa ritual is inspired by the Native American use of heated basalt stones to promote relaxation in the body. The massage dissolves muscle tension as healing warmth penetrates the body for an incredibly relaxing experience. *60 min. — \$145*

**Not recommended during pregnancy or if sunburned.*

SALON SERVICES

HAIR SERVICES

SONORAN SCALP & MASSAGE TREATMENT

A combination of jojoba oil, deep conditioner and essential oils are used to stimulate the scalp and nourish the hair. The hair treatment is then followed by a deeply relaxing shoulder and neck massage. *20 min. — \$40*

Shampoo and Style	\$45
Men's Haircut	\$40
Haircut and Style	\$60
Deep Conditioning (with heat)	\$20
Comb Out	\$25
Special Occasion	\$45
Consultation	\$12
*Full Weave (entire head)	\$89
*Full Weave (long hair)	\$100
*T Weave (partial head)	\$65
*Color	\$65
*Semi-Permanent Conditioning Color	\$50

**Charges vary depending on hair length due to increased service time.*

NAIL SERVICES

DOUBLE HAPPINESS MANICURE & PEDICURE

June Jacobs Spa Collection delivers the ultimate luxury experience with invigorating peppermint and rejuvenating ingredients. The treatment begins with a "facial" for the hands and feet, a revitalizing massage and gentle skin resurfacing that leaves hands and feet silky smooth and renewed. *75 min. — \$125*

Manicure (25 min.)	\$25
Camelback Signature Manicure	\$31
French Manicure	\$31
Nail Repair	\$12
Polish Change for Hands	\$12
Pedicure (50 min.)	\$55
Camelback Signature Pedicure	\$70
French Pedicure	\$61
Polish Change for Feet	\$25

FITNESS SERVICES

EXERCISE PRESCRIPTION

At this private consultation with a fitness specialist, you will receive a personalized exercise program including flexibility, cardiovascular and strength training components. Designed for a person in need of an exercise program or those looking to modify their current program. *90 min. — \$150*

PERSONAL TRAINING

Designed for the individual who is working with a personal trainer and would like to continue their workout while at the Spa.

1 session (60 min.) — \$75

5 sessions — \$350 10 sessions — \$650

PILATES

A safe and effective whole body workout using the Pilates Reformer. This method develops a strong core and helps to create postural awareness. Appropriate for any age, body type or fitness level.

1 session (60 min.) — \$85

5 sessions — \$400 10 sessions — \$750

ASSISTED STRETCHING

Loosen up before a round of golf or after a hard workout! Designed to enhance your stretching experience and increase your range of motion. *30 min. — \$50*

**Please arrive warmed up.*

ONE ON ONE FITNESS

Let our fitness specialists guide you through programs for your specific interests. Each workout includes a take-home packet of related exercises. *60 min. — \$85*

TRAVELER'S WORKOUT

Designed for the frequent traveler, this program will teach you how to execute a full strength training workout in your hotel room with minimal equipment. Special attention is placed on road-weary muscles.

STRETCHING

Are your muscles tight from working out or sitting at the computer all day? Learn proper technique and a whole-body stretching routine.

CORE CONDITIONING

Exercises designed to improve the strength and flexibility of your CORE (abdominals and lower back muscles). Prescribed exercises will include the use of therapy balls and other basic fitness equipment, which will help to improve lower back flexibility and overall core strength.

FITNESS CLASSES

Please refer to our current exercise class schedule. We feature a variety of classes including Mat Pilates, Yoga and Meditation, as well as our popular morning Powerwalk. Seasonal classes may vary.



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WHERE TIME STANDS STILL.



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5402 E. Lincoln Dr. • Scottsdale, Arizona 85253

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www.camelbackspa.com

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